



British Heart
Foundation

London to Brighton Bike Ride 2025

15 June 2025

Hello

This year's London to Brighton Bike Ride is taking place on Sunday 15 June.

What is the London to Brighton Bike Ride? The epic 54-mile ride is British Heart Foundation's flagship event, and every year, thousands of people come together to pedal it out for lifesaving research into heart and circulatory diseases. The kind of research that can give all of us more time with the people we love. But without donations, our progress stops – which is why events like this, and the people who take part, truly matter.

To make the London to Brighton Bike Ride safe for our riders, there are road closures which may affect travel in your area. You can find out which roads are closed, and for how long, by scanning the QR code on this letter or visiting bhf.org.uk/l2bcommunities

There will be diversions in place on the day with signs, but if you have specific access needs or would like to find out more, please do get in touch with us using the contact details at the bottom of the letter and we will be happy to provide further information.

On Saturday 14 and Sunday 15 June, you can contact our dedicated London to Brighton hotline on 07974 092 782. Please note this number will only be in use and contactable the weekend of the event. For any queries before this date, contact our Customer Service Centre on 0300 330 3322.

We are very sorry for any disruption or inconvenience this may cause. We really appreciate your understanding, so that we can continue to fund groundbreaking research. The event is known for an amazing atmosphere, so we recommend coming out to support and cheer if you can! When the streets are filled with cyclists, the sun is shining (fingers crossed!), and the sound of cheering fills the air – there really is nothing quite like it. And a large part of that is thanks to you, the local communities who make it all possible.

A huge thank you for your understanding, and we really hope to see you supporting the riders at the event!

Best wishes,

The London to Brighton Bike Ride Team

Need some help?

Call: 0300 330 3322 Email: heretohelp@bhf.org.uk

